



SELF-MASTERY COACHES | INTERACTIVE SPEAKERS

Master yourself. *Evolve in every season of life.*

YOUR CAPACITY + YOUR SYSTEMS = YOUR SUSTAINABILITY

Yvette Valdenegro and Geovanna Burgess White are certified coaches, speakers, and experience curators who teach people to lead their lives with intention. Their sessions are interactive, practical, and never boring, so audiences leave with tools they can use that week. With over a decade of community-building experience, they also curate the YGC Haven Retreat and the YGC Collective Conference.

*Meaningful
conversations.
Lasting impact.*

THE FRAMEWORK

One framework. Four relationships to *master*.

01

SELF + IDENTITY

Close the identity gap.
Know who you are in every
role and every season.

02

TIME

Calendar integrity. Your
calendar shows what you
value.

03

MONEY

Your relationship with
money. Time and money
are linked, and so is where
your energy goes.

04

SLEEP

Reclaim rest. Retire the
badge of honor around
being exhausted.

SIGNATURE TALKS

01 The Capacity Code

Match your goals to your real capacity and build the systems that make growth sustainable.

02 Calendar Integrity

Your calendar shows what you value. Learn to protect it.

03 Boundaries That Build Trust

Set boundaries that strengthen your relationships at work and at home.

04 Thriving Through Transitions

Navigate career shifts, restructures, and reinvention without losing yourself.
Close the identity gap so change becomes momentum.

05 The Free Prescription

Reclaiming your relationship with sleep. Challenge the cultural badge of honor around being exhausted.

WORK WITH US

*Interactive.
Practical.
Never boring.*

- Keynotes and conferences
- Interactive workshops
- Retreats
- Team and leadership training
- One-on-one coaching

Every session is customized to your audience, your theme, and your goals.

SPEAKING AT

American Business Women Association National Conference
The Growth Summit
The Wise Conference
Greater EMC Chamber

She Summit
Women, Wine & Wellness
The Becoming Her Experience
Tomball Chamber

AS SEEN IN

Canvas Rebel
Bold Journey

10K+

COMMUNITY
MEMBERS

40K

PODCAST
DOWNLOADS

100+

CLIENTS
COACHED

2K

EMAIL
SUBSCRIBERS

200+

IN-PERSON
COMMUNITY

500+

BOOKS
SOLD

4 RETREATS | 2 CONFERENCES | 2 GRANT GIVEBACKS | 6 PODCAST SEASONS | 1 BOOK

*Let's build something
your people *remember*.*

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